

**Senior Programming Information April 2018**  
**Open to anyone 55+**

**Book Discussion Group:** The Happy Bookers will be reading "Broken Mary: A Journey of Hope" by GR resident, Kevin Matthews, a well-known ABC and CBS radio personality. This is the story of Mr. Matthew's, early years in radio and stand-up comedy, his struggle with MS, and a chance encounter with a broken statue. Mr. Matthews will be coming to St. Alphonsus for a Community Presentation in May. Questions? Contact Char at 862-6392.

**Beginners Bridge (Wed) and On-going Bridge Club (Tue):** Learn Standard American Yellow Card, meet some great people and have some fun. Register with Ed at [ednpatti@yahoo.com](mailto:ednpatti@yahoo.com).

**Card Ministry:** Join Madelyn Pierce-Mellema as we craft Birthday and Sacrament cards.

**Crafts:** Creative and relaxing. Surprise yourself!

**EnhanceFitness:** Get your heart pumping with upbeat work-outs adaptable to your skill level. Meet Cassidy, our inspiring instructor, brought to you by Senior Neighbors. \$3.00 donation appreciated but not required.

**Euchre:** Play for pride and cash. Pit your Euchre skills against the best of St. Al's. Always fun and rewarding! Bring \$2.00 in quarters. and bring a dish to pass for our potluck lunch. \$5.00 entry fee. **RSVP**

**Knitting and Crocheting Club:** Come and join a group of new and experienced yarn crafters, and everyone in between! Share ideas, learn the basics, and enjoy some company while you work on your projects.

**Lent Mini-series: The Theology of Church Architecture.** Did you know there is a Theology behind the Architecture of Churches? St. Alphonsus is a beautiful Gothic Style Architecture with Stained Glass windows from Munich, Germany. Join Ed Bartos, in the Church, as he enlightens and inspires us. Come and learn more about our Sacred Space!

**Lunch Outing April 4:** Uncle Cheetah's Soup Shop. Twelve made-from-scratch soups, gourmet grilled cheese sandwiches, salads and soups. YUM!!! What more could you want???

**Outing April 18:** The St Jude's Seniors are serving baked ham, pork roast, mashed potatoes, peas and house salad. by April 13<sup>th</sup>. Do you love a good detective story? Thirty year veteran, Sgt. Johnson from the KC Sheriff's Dep't, will present on "All in a Day's Life: The Inner Workings of a Sheriff's Detective Unit." Cost \$8.00 **RSVP**

**Pickleball:** Interested in learning what all the craze is about? Already know? We welcome all skill levels for some fun competition. Tuesday mornings, 9:30 – 11:00 in the Parish gym. Equipment provided.

**Presentation April 9:** Voters Not Politicians Presents: Gerrymandering. What is it? How does it impact Michigan districts and representation in Lansing and Washington? Who does it benefit? Get all your questions answered!

**Presentation April 16:** Christina Flowers, Owner and Founder of the Ministry and Magazine, "The Women Behind the Ministry." Learn about the production of this supportive magazine, the influence of a Pastor's Wife, and their unique role. The Baked Potato Bar Lunch will be sponsored by "The Happy Bookers."

**Presentation April 23:** Richard Havenga presents "A Walk with Father Nature: Spectacle of Spring." Mr. Havenga is a writer, naturalist, photographer, teacher and a poet. Come take a spring stroll with him. Cost \$2.00.

**Sewing with Liz:** Come join us make quilts, stuffed bears, dresses... you pick, we will create.

**Tai Chi:** Mary Kaiser offers Beginners, Intermediate and Advanced Classes. Tai Chi is sure to strengthen your core and improve your balance. The slow, intentional moves are also calming and centering.

**Team Trivia:** Join Dan Taylor as he leads the teams in fun questions about contemporary and nostalgic trivia. Come as you are. Teams will be determined at time of play.

**Woodcarving:** Master crafter, Jerry Randall, gently guides individual and group projects. All skill levels welcome!

**Questions? Want to RSVP?** Please contact Young at Heart at 616-913-4419

or email Virginia at [vscholten18@gmail.com](mailto:vscholten18@gmail.com)