

# Senior Programming Calendar February 2018

All programs take place in the Parish Center. Everyone 55+ is welcome, including non-parishioners.  
For more information contact the Senior Program Voicemail at 616-913-4419 or email vscholten18@gmail.com

Monday February 5	
Event	Time
Lounge Open- Games, Socializing, etc	9am-3pm
Playing cards with Judy	9:30-11:00
Enhance Fitness	10:30-11:30
Lunch: Potluck!	12:30- 1:15
Movie: "Mandela"	1:15- 3:30

Wednesday February 7	
Event	Time
Lounge Open- Games, Socializing, etc	9am-12pm
Woodcarving	9:30-11:30
Enhance Fitness	10:30-11:30
Lunch Outing: The Filling Station	11:45- 1:00
Social Outing: Pinky's Place	1:00 - 2:30

Monday February 12	
Event	Time
Lounge Open- Games, Socializing, etc	9am-3pm
Card Ministry	10:00-12:00
Enhance Fitness	10:30-11:30
Lunch – Salad Bar	12:30-1:30
Emmanuel Hospice: Caring for the Caregiver plus...	1:30-3:00

Wednesday February 14	
Event	Time
Lounge Open- Games, Socializing, etc.	9am-12pm
Woodcarving	9:30-11:30
Sewing	9:30-11:30
Enhance Fitness	10:30-11:30
Calvin Nurses: Health Screenings and presentation: Parkinson's Disease	11:00-noon

Monday February 19	
Event	Time
Lounge Open- Games, Socializing, etc	9am-3pm
Crafts	9:30-12:00
Enhance Fitness	10:30-11:30
Live Music	11:30-12:30
Lunch: Potluck	12:45-1:30
Movie: "American President"	1:30-3:00
Catechism 101 with Fr. Brian	6:30-7:30pm

Wednesday February 21	
Event	Time
Lounge Open- Games, Socializing, etc	9am-12pm
Catechism 101 with Fr. Brian	9:30-10:30
Woodcarving	9:30-11:30
COOKING CLASS	10:30-12:00
Enhance Fitness	10:30-11:30
Lunch: Potluck	12:00-12:30
Euchre <b>RSVP</b>	12:30-3:00

Monday February 26	
Event	Time
Lounge Open- Games, Socializing, etc	9am-3pm
Knitting/crochetting	9:30-12:00
Enhance Fitness	10:30-11:30
Lunch: Soup-n-chili	12:30-1:30
Team Trivia	1:30-3:00
Catechism 101 with Fr. Brian	6:30-7:30pm

Wednesday February 28	
Event	Time
Lounge Open- Games, Socializing, etc	9am-12pm
Catechism 101 with Fr. Brian	9:30-10:30
Woodcarving	9:30-11:30
COOKING CLASS	10:30-12:00
Enhance Fitness	10:30-11:30
Book Discuss: Tinker Tailor Soldier Spy	10:30-11:30
Lunch Outing: SpeakeEZ Lounge	11:45- 1:00

➤ **Extra Goodies:**

**Pickleball:** Tuesday mornings 9:30 – 11:00

**Bridge:** Tuesday evenings 6:00 – 8:00

➤ **New this Month!**

**Enhance Fitness:** An energetic work-out tailored for your needs. Every Mon & Wed at 10:30.

**Lent Mini-series:** Three weeks: Catechism 101, led by Fr. Brian. Mon evenings at 6:30, Wed mornings at 9:30.

**Cooking Classes:** A FREE dynamic 4-week series, facilitated by MSU Extension Services. Wednesdays at 10:30. **MUST** register by Wednesday February 14<sup>th</sup>.

➤ **Coming Soon!**

**NEW Beginner's Tai Chi** starting in March, 2018    **Bridge for Beginners:** A 6-week class starting April, 2018.