

Senior Programming Information November 2017

Open to anyone 55+

Ask an Expert: Attorney Bryan Reeder from Plachta-Murphy & Associates P.C. returns as our "Expert of the Month" Mr. Reeder specializes in Business & Corporate Law, Estate Planning, Probate Estate & Trust Administration, Guardianships and Conservatorships, Family Law and Litigation. Q & A will follow a brief presentation.

Bingo (Yummo): "Queen" Judy Nawrocki leads a fun version of Bingo for FOOD! If you have never played Yummo, you have to come participate in this wacky variety of Bingo. Bring a non-perishable food item for the pantry.

Book Discussion Group: "The Happy Bookers" will be reading and discussing "Detroit: An American Autopsy". Detroit, Charlie LeDuff searches for clues to his family's troubled past in an "unbelievable story of a hard town in a rough time filled with some of the strangest and strongest people our country has to offer." Questions? Contact Char at 862-6392.

Bridge: The best card game ever created, but only if you are willing to put in a little effort to learn. Lessons and play start at 6:00pm every Tuesday. Learn Standard American Yellow Card, meet some great people and have some fun. **Open to all.**

Card Ministry: Join Madelyn Pierce-Mellema as we craft cards for the upcoming Holidays.

Crafts with Patty: This month's project, designed by Frank, will get us in the mood for the Holidays.

Health Expo November 8th (evening): Join us for an evening of fun and health! A delicious meal of soup and chili will be followed by 10-minute massages (register on first come, first serve basis); presentations by Spectrum Health's EncourAge, Catherine's Health Care, and Disability Advocates- Aging in Place Programs; and demonstrations of Tai Chi, Enhanced Fitness Program and pickleball. Donations accepted for lunch and the massages.

Live Music: Hum or sing along with Sandee Sicard. Talented singer and guitarist, she will perform songs of "thanksgiving".

Movie: Prospective Olympian, Louie Zamperini, enlists in the military during WWII. Despite being stranded in the ocean for 47 days, captured by the Japanese and sent to a POW camp, he remains "**Unbroken**" in his quest to survive.

Outing Nov 8: We're heading to Gun Lake Casino for lunch and gambling. Winners are welcome! If you're feeling lucky (or not) come join us for lunch and a really good time.

Outing Nov 15: Join St. Jude's Seniors for a Thanksgiving Lunch that includes turkey, pork loin, mashed potatoes, stuffing, candied carrots, Fuji apple salad and more; followed by Steve Troyer, a one-man-band whose music variety includes a few dance tunes. Bring some extra cash for the 50-50 and raffle drawings. Cost \$8.00 **RSVP by Nov 12th.**

Pickleball: Interested in learning what all the craze is about? Already know? We welcome all skill levels for some fun competition. Tuesday mornings, 9:30 – 11:00 in the Parish gym. Equipment provided.

Playing Cards with Judy: What's your favorite card game? Hearts, Polish Poker, Skipbo, Set Back? Play a favorite or learn a new one! Help us shuffle the deck and challenge Queen Judy...if you dare!

Sewing with Liz: Join the crafters as they prepare for a small craft sale and the Holidays.

Tai Chi: Taught by Mary Kaiser, Tai Chi is based on the art of balance and movement. Join us as we strengthen our core.

Team Trivia: Join Dan Taylor as he leads the teams in fun questions about contemporary and nostalgic trivia. Come as you are. Teams will be determined at time of play.

Thanksgiving Lunch & Games: Bring your favorite Thanksgiving dish for a Potluck lunch and celebrate the holiday with friends. Fun and interactive games will follow lunch.

Veterans Tribute: Let's Not Forget our POW's – MIA's. Join Veteran Theresa Robinson as she hosts Fr. Vu, in a powerful program in solidarity with those Veterans who are still missing in action and those who remain prisoners of war. Sandee Sicard will provide the music. Lunch menu includes Turkey breast, soup, mashed potatoes and hot vegetable dishes. Donations accepted for lunch.

Woodcarving: Master crafter, Jerry Randall, gently guides individual and group projects. All skill levels are invited. No experience necessary.

Questions? Want to RSVP? Please contact Young at Heart at 616-913-4419
or email Virginia at vscholten18@gmail.com