

Saturday Morning Walking Club

*** Meet us at the park or Carpool from St. Alphonsus. **RSVP** the Friday before the walk. ***

Saturday, June 1 @ 9:30 am

Saul Lake Bog Nature Preserve: This preserve offers three different loops, each averaging ½ mile distance. The trails meander through a prairie, through swamp and overlooks a beautiful bog. Many unique plants.

Bog: 10471 - 6 Mile NE, Rockford, MI 49341

https://naturenearby.org/portfolio_page/explore/saul-lake-bog-nature-



Saturday, June 8 @ 9:30 am

Ada Township Park: Paved and natural trails. Ada Township Park & Locke Arboretum is located at the corner of Buttrick Ave. & Grand River Drive.

The Locke Arboretum is a collection of 200 trees including over 50 species from around the world. It offers a place for botanical investigations and quiet relaxation.

The Al Hook Nature Area and barrier-free Warbler Trail

winds through a variety of natural communities, including a wooded area and open meadow.

The Woodland Garden is one of the shadier places to relax at the park. This natural area has been enhanced with the addition of many flowering shrubs and perennial flowers. 1180 Buttrick Ave SE Ada, MI <http://adamichigan.org/township/departments/parks-recreation/parks/ada-township-park>



Saturday, June 15 @ 9:30 am

Siedman Park: With its rolling hills and valleys, Seidman Park invites visitors to explore more than 400 acres of woods, fields, and wetlands. Interconnected loops of natural-surfaced trails total nearly five miles in length, offering a variety of hiking experiences. 8155 Conservation Rd, Ada, MI 49301 <https://www.kentcountyparks.org/seidman/index.php>

Saturday, June 22 @ 9:30 am

Creston Neighborhood: We will park at/or near Aberdeen Park and walk the neighborhood, acquainting ourselves with a part of the North Quarter Urban Trail, offering opportunities to stop at Kingma's, walk the cemetery, visit Switchback or other area businesses. This will be all paved and can be adjusted to your comfort level. Aberdeen Park: 2230 Eastern NE, GR '05



Saturday, June 29 @ 9:30 am

Palmer Park: Palmer Park offers more than 300 acres of greenspace within the City of Wyoming. Paved and natural-surfaced trails allow visitors to explore the park's expansive forest and wetlands. 1275 52nd St SW, Wyoming, MI 49509 <https://kentcountyparks.org/palmer/index.php>

RSVP: St. Alphonsus Young at Heart Enrichment Program

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